



PRECISION HEALTH

HIGH-RISK CANCER SCREENING CLINIC - BREAST CANCER

Our High-Risk Cancer Screening Clinic can help you:

- Evaluate your risk to develop breast cancer
- Make recommendations and referrals for individual cancer screening
- Create a plan to help reduce your risk of breast cancer

Who is considered high-risk for breast cancer?

You are considered high-risk for breast cancer if your lifetime breast cancer risk is 20% or higher based on Tyrer Cuzick Risk Calculator. At The Christ Hospital Health Network High-Risk Cancer Screening Clinic, we will calculate your lifetime risk for developing breast cancer by looking at individual risk factors as well as family history.

Risk factors for breast cancer:

- Family history or a personal history of a hereditary cancer gene
- Family history of more than one relative with breast cancer at any age
- Family history of any breast cancer diagnosed at age 50 or younger
- Family history of male breast cancer
- Breast biopsy with pathology of atypical ductal hyperplasia, atypical lobular hyperplasia, or lobular carcinoma in situ
- Early menarche, increased alcohol consumption, among other lifestyle factors

About your initial visit:

In the initial visit to the High-Risk Cancer Screening Clinic, you will meet with an Advanced Practice Provider who will advise you on:

- Your risk of developing breast cancer based on your personal history, family history and/or a known genetic predisposition to cancer
- A personalized breast cancer screening plan
- Risk reduction options, to include nutrition and lifestyle counseling
- Recommendations for additional cancer screening based on your history and risk factors

Please call our office for more information or to schedule an appointment. We look forward to hearing from you.



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The Christ Hospital Precision Health Clinic

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8:00 a.m. To 4:00 p.m. Monday through Friday

For more information:

www.thechristhospital.com/services/precision-medicine

