



# THE CHRIST HOSPITAL HEALTH NETWORK



## TCH CAREGIVER'S HEART



**EVER WONDER  
ABOUT MANAGING  
MEDS, MAINTAINING A  
SAFE ENVIRONMENT  
OR HOW TO  
NAVIGATE YOUR NEW  
NORMAL?**

### **UPCOMING MEETINGS:**

**JANUARY 8<sup>TH</sup> & 22<sup>ND</sup>  
FEBRUARY 12<sup>TH</sup> & 26<sup>TH</sup>  
MARCH 12<sup>TH</sup> & 26<sup>TH</sup>**

**JOIN ONE OF OUR  
VIRTUAL SESSIONS FOR  
SOME INSIGHT ON  
THESE AND OTHER  
TOPICS VITAL TO THE  
CAREGIVER ROLE!**

**To join our group and receive a meeting  
invitation please click the link below or  
scan the QR code to complete your  
registration!**

*For any questions, please contact  
George Cecere at  
[TCHCaregiversHeart@yahoo.com](mailto:TCHCaregiversHeart@yahoo.com)*



<https://tinyurl.com/d2c5wn5b>

\*For caregivers of heart transplant recipients receiving care at TCH

[TheChristHospital.com](http://TheChristHospital.com)

 **The  
Christ Hospital<sup>TM</sup>  
Health Network**