THE CHRIST HOSPITAL FOUNDATION

GRATEF GIVING

> Tina Gifford is Kickin' Cancer

CANCER CARE

Kickin' Cancer

Tina Gifford had just bought a new pair of boots when she received the call.

"I'll never forget it. I was in my car in the parking lot, finding out I had breast cancer," Gifford said, adding, "I decided right then that these boots were going to help me kick cancer."

And she did, wearing the boots to all of her treatments. Gifford had triple negative breast cancer, which tends to grow and spread more quickly than most other types of breast cancer, and does not respond to hormone or drug therapies.

To help alleviate pain and bring comfort to patients during their treatments, The Christ Hospital offers complimentary hand and foot massage made possible by charitable gifts to The Christ Hospital Cancer Center. According to the American Cancer Society, massage can decrease



stress, anxiety, depression, pain, and fatigue for patients with cancer. Many health care professionals recognize massage as a useful, noninvasive addition to standard medical treatment.

Gifford received foot massages from Cheryl Smith, a licensed massage therapist and breast cancer survivor.

Help patients like Tina find the peace and strength they need to "kick cancer" with a gift to cancer patient assistance. She understands first-hand the relief that massage therapy provides during a patient's treatments. "The most important thing to a person with cancer is touch," says Smith. "It makes a big difference in reducing symptoms and improving a person's overall well-being."

For Gifford, massage gave her something to look forward to during treatment; something that she said took her away from the stress of reality and brought her peace.

New Heart Monitors Assist in Cancer Care

The Christ Hospital Foundation hosted a reception to thank Ann Weichert, M.D., Bill and Kathy Bahl, Nancy Donovan, Bill Heffner, Jr. and Cecile Allyn for their gifts to The Christ Hospital's Oncology Program. The gifts have made a significant impact on patient care and safety at The Christ Hospital.

"We gave because we believe in The Christ Hospital's excellence," said Dr. Weichert, a retired Radiation Oncologist and Foundation board member. Their collective gift purchased heart monitors to help address the complex needs of patients receiving inpatient cancer care. When cancer and heart disease are combined, managing both conditions can be challenging for patients and caregivers alike. Even

those without heart issues may develop cardiac problems as a result of certain treatments. The monitors, about the size of an iPhone, can be attached to patients wherever they are receiving treatment. These remote units allow vital signs to be monitored closely and can detect emergent medical issues before they become a problem.



Pictured (from left to right): Bill Heffner, Jr., Cecile Allyn, Bill Bahl, Kathy Bahl, Ann Weichert, M.D. and Nancy Donovan

A Life **Celebrated** John D. Silvati

Despite his failing heart, John D. Silvati always made the most out of his life and worked hard to make a difference in others. John had a "passion for people," according to his wife Linda, and enjoyed being involved in the community. In addition to serving on the boards of the Ensemble Theater and Indian Hill Church, he was a founding board member of the Charles H. Dater Foundation.

"Even if you met him incidentally, John wanted to know your story. He was a big man with a big heart," says Linda. John battled congestive heart failure for thirty years, and through all of the pain, all of the sickness, and all of the treatments, he remained optimistic about the future.

Donations to the VAD program provide much-needed assistance for medical supplies, medications, transportation, and other basic essentials that can help patients live the healthiest, fullest lives possible.

His health deteriorating, John was eventually placed on a waiting list for a heart transplant, and was offered the option to receive a Ventricular Assist Device (VAD), a mechanical pump that supports heart function and blood flow. "It takes a lot of courage to go through a VAD procedure, and John was the perfect example of courage," says Dr. Eugene Chung, Director of Heart Failure at The Christ Hospital Lindner Research Center. "John was a man who, despite having no other options, made the most of things and always had a good perspective," said Dr. Chung, adding, "We felt lucky to take care of him."

Linda recalls her husband's concern for patients struggling with all of the costs associated with receiving a VAD. "I don't know how people go through this without insurance or support," he told her. When it became apparent that John was in critical condition, he and Linda discussed what program to support through memorials. John D. Silvati passed away on May 8, 2014, and in keeping with his passion for helping others, memorials were directed to VAD Patient Assistance to help those who can't afford

the specialty supplies and medications needed for the device. Additionally, the Dater Foundation honored his memory with a \$10,000 gift in support of the VAD program. It's only fitting that those who loved and respected John have honored his "big heart" by assisting others with failing hearts.

Living with a VAD comes with numerous financial expenses. For some patients and families, it can become difficult or even impossible to

> afford the things they need, which in turn drastically affects their health and the quality of their lives.

John and Linda Silvati

"I don't know how people go through this without insurance or support,"

Transformative Gift to the Joint and Spine Center

The Marge & Charles J. Schott Foundation has awarded a \$1,050,000 grant to The Christ Hospital to support its new Joint and Spine Center, which will open in the fall of 2015.

The Christ Hospital Joint and Spine Center will be the first and only center of its kind in the region providing comprehensive orthopaedic and spine care, sports medicine, rehabilitation, clinical research, and education in one location.

"We are most grateful to the Marge & Charles J. Schott Foundation for its support," said Mike Keating, President and CEO of The Christ Hospital Health Network.

With a staff of nationally-recognized physician experts, the Joint and Spine Center will expand clinical research for new treatments and devices designed to enhance physical mobility, reduce pain, expedite surgical recovery, and improve other conditions that prevent people from living active, healthy lives. "The Marge & Charles J. Schott Foundation's generosity will advance innovative programs and clinical research that will provide exceptional outcomes," said Dr. Fred Kahn, Medical Director of musculoskeletal services at The Christ Hospital Health Network.

"We are most grateful to the Marge & Charles J. Schott Foundation for its support,"



Marge & Charles J. Schott FOUNDATION

Celebrating 125 Years of Service

Friends of The Christ Hospital Health Network attended an event hosted by John Anning, member of The Christ Hospital Foundation Board, and his parents, Bob and Sydney Anning.

The event, at Bob and Sydney's Hyde Park home, promoted The Christ Hospital's 125 years of service to the community. The evening showcased the Heart and Vascular Center and Lindner Research Center at The Christ Hospital, as well as the hospital's new Joint and Spine Center, which opens in 2015.



Dr. Dean Kereiakes, John Anning, Sydney Anning, Bob Anning, Dr. Fred Kahn, George Vincent and Mike Keating

Guests heard from Mike Keating, President and CEO of The Christ Hospital Health Network, Dr. Dean Kereiakes, Medical Director of The Christ Hospital Heart and Vascular Center and The Lindner Research Center, and Dr. Fred Kahn, Medical Director of Musculoskeletal Services.

"We are at the forefront of clinical research for treatments and devices that will change lives," said Dr. Kereiakes. "The world-class expertise and innovative technology we offer is unprecedented for a community hospital, and we're proud of this, because that's what it takes to achieve exceptional outcomes."

Training Physicians The Christ Hospital Way

Why choose The Christ Hospital Health Network for you and your family? There are more than 200 reasons. That's the number of Christ Hospital physicians working every day to provide quality, continuous and coordinated care in 95 locations throughout the Tristate.

Exceptional doctors don't just happen. For nearly four decades, The Christ Hospital has been training outstanding physicians—for its own network and for leading hospitals and practices across the country. The Christ Hospital Internal Medicine Residency Program prepares medical school graduates for a lifetime of providing the highest quality care to their patients.

The man behind the residency program is A. William Schreiner **III, M.D. FACP.** Recruited in the late 1960s for his experience, expertise and vision, Dr. Schreiner planned and developed the program that would help establish The Christ Hospital as a major teaching center. "I like to put things together. I like to build things," says Dr. Schreiner. But he is quick to point out that he didn't do it alone. It was the dedication, talent and expertise of his colleagues on the Internal Medicine Medical Staff that made the residency program possible.

Dr. Schreiner compares his years building and then leading the residency program to raising his family: "Those young doctors, they were like my family. We trained our future colleagues and the physicians for the community. We trained people we would be proud of." In May, those "trainees" — now among the country's top physicians— honored Dr. Schreiner at a reunion for residency alumni. Reunion events included a symposium featuring distinguished alumni followed by a dinner celebrating Dr. Schreiner.

Support of the Internal Medicine Residency Program ensures that outstanding physician and excellent care are available for you.

"Dr. Schreiner was a brilliant clinician and visionary leader. He clearly has left a profound and enduring legacy at The Christ Hospital," says Michael Jennings, M.D., Vice President and Chief Clinical Officer at The Christ Hospital Health Network.

The Christ Hospital's Internal Medicine Residency program benefits the post-graduate doctors it trains, as well as the hospital's award-winning reputation. But Dr. Schreiner is quick to point out that the ultimate beneficiaries are patients and their families who have access to the finest quality medical care, delivered with the highest ethical standards and areatest

compassion, by physicians trained at The Christ Hospital.

Upon Dr. Schreiner's retirement in 1993 as Director of Internal Medicine/ Internal Medicine Residency, an endowment was established in his honor to ensure the continued excellence of the residency program. Donations help provide vital funding for supplemental education, ensuring that today's residents become the tomorrow's physician leaders.

The Christ Hospital Foundation Guild **Friends Raising Funds with Fun**

What do The Christ Hospital Foundation Guild members have in common? They have all been touched in some way by the care at The Christ Hospital Health Network. And they want to direct their creativity, energy and passion to raise money for The Christ Hospital Foundation. Their first event will benefit The Christ Hospital Cancer Center's demonstration kitchen that will be used to promote healthy nutrition for cancer patients and their families.

On September 25, 2014, the Guild will host a kitchen shower, *Let's Get this Kitchen Started* at Stir, an interactive event venue in Montgomery, Ohio. Guests will enjoy food samplings from local chefs in a fun and unique atmosphere – all for a good cause.



Guild Board members Kim Hartman, Chris Wright, Karen Naber, Debbie Geiger (not pictured Kris Neyer)

SAVE THE DATE

Let's Get This Kitchen Started! Benefitting The Christ Hospital Cancer Center

Date: September 25, 2014 Time: 6:30-9:00 p.m. Location: Stir, 7813 Ted Gregory Lane, Cincinnati, OH 45242

Call 513-585-2904 for more information or visit https://foundation.thechristhospital.com/letsgetthiskitchenstarted

Dr. Rebecca Thomas Markel's Legacy

This past December, Dr. Rebecca Thomas Markel, an alumnus of The Christ School of Nursing (now The Christ College of Nursing and Health Sciences) passed away unexpectedly. Dr. Markel had a tireless commitment to nursing education and now her legacy will continue at The Christ College because of a bequest she made, naming the College as a beneficiary of her retirement assets.

Throughout her career, Dr. Markel made a tremendous impact on the nursing profession and on the lives of countless students. And now, her final gift will make scholarship support available for future nursing students and the next generation of nursing professionals.

"Receiving a scholarship makes education more affordable and allows me to direct my full attention to my academic and professional development. I am extremely thankful for the financial support that has positively impacted my education." – Parker Gillespie '14



For more information about how to include The Christ College of Nursing and Health Sciences in your will or as a beneficiary of your assets, please call 513-585-2904.





Saturday, November 1, at 6:30 p.m. The Duke Energy Convention Center **Grand Ballroom**



Founded in Compassion Driven by Excellence



The Christ Hospital has been serving the healthcare needs of the community since 1889.

The 125th Anniversary Gala will be a grand scale celebration honoring one of the city's greatest treasures.

> We promise a night of dining and dancing Cincinnati will remember for the next 125 years!



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Experience counts



PNC





To purchase tickets or for more information, go to https://foundation.thechristhospital.com/gala or contact Kerry Jones at 513-585-2904 or Kerry.Jones@TheChristHospital.com.

The Christ Hospital Foundation Board

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Christ Hospital Foundation

The Christ Hospital Health Network

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Board Spotlight

Foundation Chair Vickie Gluckman



Vickie Buyniski **Gluckman is known** as one of Cincinnati's top female business leaders. As a board

member at The Christ Hospital for more than 20 years, she draws on her wealth of experience to help guide the hospital's mission.

Vickie, now retired, was the Founder, Chairman, and CEO of United Medical Resources, Inc., and has received numerous awards and honors for her career and community work, including: induction into the **Greater Cincinnati Business Hall** of Fame, Cincinnati USA Regional **Chamber's WE Celebrate Pinnacle** Award, The Geier Family Award for United Way Leadership.

YOU can make a difference

You can support the programs, projects and people of The Christ Hospital Health Network that you just read about by making a tax-deductible donation. The Christ Hospital Health Network is a not-for-profit organization and relies on the support of generous individuals like you to provide resources that help make exceptional care possible.

Your Gift Now – You can provide immediate benefits to patients and families.

Cash or check donations can be mailed to: The Christ Hospital Foundation 625 Eden Park Dr., Ste. 150 Cincinnati, OH 45202

Credit card gifts can be made online at TheChristHospital.com/foundation or by calling Rita Spicker at 513-585-4128.

Join the 1888 Society – For 25 years, members of the 1888 Society have made a profound difference in the health of the community. Their generosity provides new technology, equipment, leading edge research and amenities to enhance the patient experience. With your gift of \$1,000 or more you will join other leadership donors in sustaining the outstanding healthcare of The Christ Hospital Health Network.

Double or triple your gift – Many companies offer gift matching programs and some will match gifts made by retirees and employee spouses. Ask your company's Human Resources Representative if this is an option for you.

Your Gift for the Future – Remember The Christ Hospital Health Network in your Last Will and Testament, and make a significant impact on the future healthcare of our community. If you have questions or wish to speak to someone from The Christ Hospital Foundation, call 513-585-3394.